

BROCCOLI-BACON-CASHEW SALAD

- 1 bunch broccoli heads
- 1/4 c chopped sweet onion
- 2 slices bacon cut into small pieces (turkey bacon was used)
- 1/2 to 1 c roasted cashews (roast your own by tossing in olive oil & roasting 15-20 min at 250° F till golden)
- 1/2 c currants or raisins

Dressing

- 1/4 c healthy mayonnaise without canola oil
- 1 tsp raw honey
- 1 Tbsp Olive Oil
- Salt to taste

Lightly steam broccoli and onion for 5 minutes. Set aside. Cook bacon. Mix mayonnaise, honey, and olive oil. Place all ingredients in a bowl and toss with dressing. Chill and serve.

Note: you can also shred & steam the broccoli stalks and add to the salad.