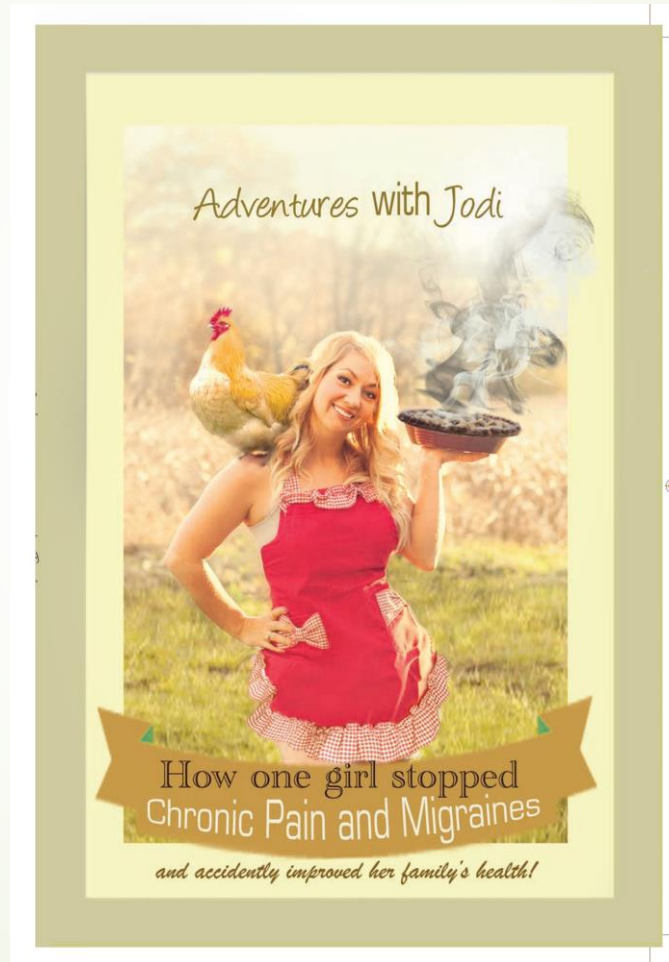


My Story!



The "adventures" continue!





What we did and why!

NO evidence their treatment worked

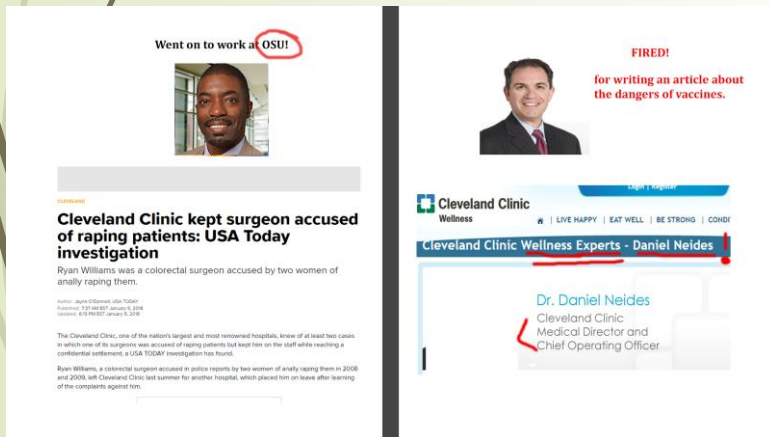
5FU kills 1000 Americans a year (DPD enzyme deficiency. Patented in 1950.
Known to make cancer cells metastasis.

New way of doing surgery

"This is NOT about you"

Hostile unsupportive environment

Lost a lot of money when we turned down conventional.



Goals of Treatment



Conventional

- Non-selective (kills all cells)
- Destroys immune system
- Adds toxins
- Focuses on "tumor" response

Integrative/Holistic

- Selective (targets only cancer)
- Enhances immune system
- Eliminates toxins
- Adds nutrition
- Focuses on total body and mind health
- Focuses on the underlying causes

Holistic, Integrative or Complementary treatment.

What are the options and costs in Ohio?

How is the atmosphere different?

Pulsed Electro-Magnetic Field Therapy (PEMF)

Meridian Stress Assessment (MSAS Test)

Diagnostic Tests

Insulin Potentiation Therapy (IPT)

Cancer Therapy Center in Ohio

Chelation Therapy

Colon Therapy

Hyperbaric Oxygen Therapy

Ion Cleanse Detoxification

Nutritional Therapy Ohio

Rejuvenation Therapy Ohio

Ozone Therapy

Ultraviolet Light Therapy

Lymphatic Therapy

Far Infrared Therapy

Soft Laser Treatment

Prolozone Injection Therapy

Juan C. Penhos, M.D.

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General Medicine Integrative Medicine
George Washington University School
of Medicine, Washington D.C. Medical
School



Dr. Penhos has been a physician since age 23 when he graduated from the George Washington University School of Medicine. He completed his residency in General Surgery at the Baystate Medical Center in Springfield, Massachusetts, which included a rotation at Roswell Park Cancer Institute in Buffalo, New York. His interest in Medicine and Surgery was inspired by his father who devoted nearly his entire life to research in Diabetes. Early on, Dr. Penhos was disappointed with the medical approach to illness and decided to pursue a surgical career. He was an active practitioner and Board Certified in Surgery, a member of the American College of Surgeons. In 2001 when his father passed away after an open heart surgery, he decided to change his course and pursue an interest in the holistic and natural way to deal with illness. His father had expressed his regrets about his own lifestyle choices and urged his son not to commit the same mistakes. It was a sad as well as an enlightening moment, but it changed his life forever.

Changing his focus, Dr. Penhos learned from colleagues with the same interests and from patients who are often the best teachers. He immersed himself in all manner of treatment methods through reading and attending conferences. He resolved to integrate his new found knowledge, using both methods not only to treat disease, but to prevent it in the first place.

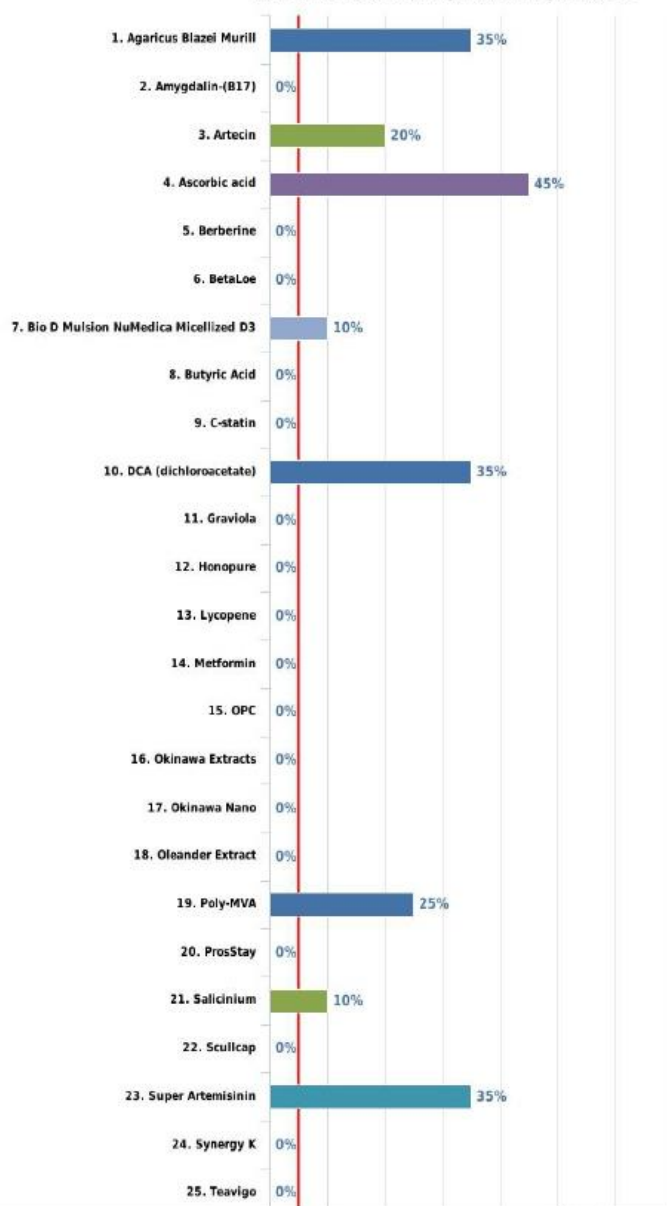
Dr. Penhos realizes the limitations of traditional medicine and believes that there is a better way through prevention, diet, exercise, stress management, supplements, hormone balancing, and detoxification. If illness occurs, the treatment must contribute to the patient's overall wellness and deal with the root cause of the illness. Dr. Penhos' area of interest is in the integrative management of cancer, including Insulin Potentiation Targeted Low Dose Therapy (IPT-LD). He has trained and is certified in this innovative treatment.

1. Insulin potentiation therapy weekly
2. High dose Vitamin C (non-corn base) IV therapy daily
3. Oxygen therapy every other day: hyperbaric and H₂O₂ IV followed by UV light therapy
4. Lymphatic Therapy Light Beam Generator with Ozone every other day
5. Mild Silver Protein 1200 IV every other day for viral, bacterial, fungal and parasitic infections
6. Detoxification: ion cleanse, liver cleanse, colon cleanse, infrared sauna, coffee enema, chelation (oral and IV)
7. Hyperthermia: far infrared sauna with ozone
8. Exercise: free gym access
9. Nutrition: organic cancer diet PO and nutrition IV

The patient's condition will be monitored daily.

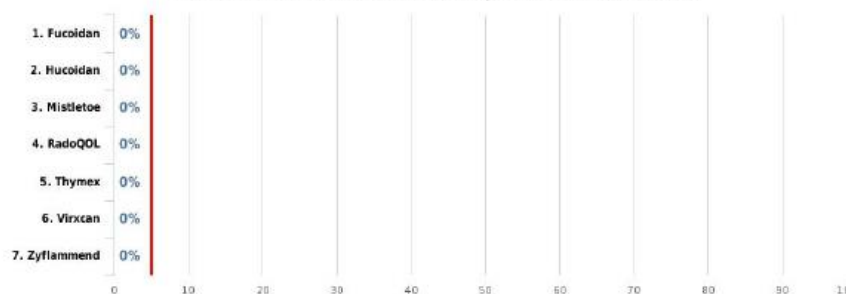
Class I (cytotoxic Agents)

Activation of Caspase (especially 3 and 9) and cytochrom C re



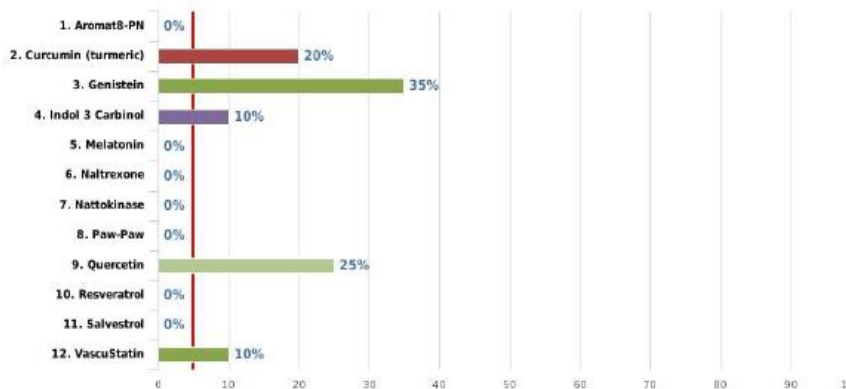
Class II (Immunostimulants/immunomodulators)

Immunostimulants / Immunomodulators release of Cytokins and increase of PBMC & NK



Class III (PK inhibitors)

Inhibitors of growth factors receptor inhibitors of EGFR,IGFr,VEGFR,PDGFr, FGFr, signal transduction pathways



CONCLUSION: It seems that this specific population of malignant cell have greater sensitivity in Agaricus Blazei Murill, in Artecina, in Ascorbic acid, in Bio D Mulsion NuMedica Micellized D3, in DCA (dichloroacetate), in Poly-MVA, in Salicinium, in Super Artemisinin, in Curcumin (turmeric), in Genistein, in Indol 3 Carbinol, in Quercetin, in Vasculstatin and less in Amygdalin-(B17), in Berberine, in BetaLose, in Butyric Acid, in C-statin, in Graviola, in Honopure, in Lycopene, in Metformin, in OPC, in Okinawa Extracts, in Okinawa Nano, in Oleander Extract, in ProsStay, in Scullcap, in Synergy K, in Teavigo, in Ukrain, in Vitanox, in Fucoidan, in Hucoidan, in Mistletoe, in RadoQOL, in Thymex, in Virxcan, in Zyflamend, in Aromat8-PN, in Melatonin, in Naltrexone, in Nattokinase, in Paw-Paw, in Resveratrol, in Salvestrol.

Sincerely,

CHEMO doesn't kill cancer stem cells (CTC's)




CIRCULATING T-CELLS



← → ↻ 🏠 <https://news.osu.edu/how-a-chemo-drug-can-help-cancer-spread-from-the-breast-to-the-lungs/> 📖 ☆ ⚙️ 🖨️ 📄

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 THE OHIO STATE UNIVERSITY

Ohio State News

Home

August 07, 2017

How a chemo drug can help cancer spread from the breast to the lungs

COLUMBUS, Ohio –The very same treatment that thwarts breast cancer has a dark side – it can fuel the spread of the disease to the lungs.

Researchers at The Ohio State University studied the cascade of events that lead to metastatic cancer and found clues to why it happens, opening up the possibility of one day interfering with the medication's downsides while preserving its cancer-fighting properties in breast tissue.

The front-line chemotherapy drug paclitaxel sets off a variety of molecular-level changes that allow breast cancer cells to escape from the tumor. At the same time, it creates an environment in the lung that is more hospitable to the cancer cells, facilitating the

Share this release

How a chemo drug can help cancer spread from the breast to the lungs




Connect with us



← → ↻ 🏠 <https://news.osu.edu/the-compound-in-the-mediterranean-diet-that-makes-cancer-cells-mortal/>

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Home

May 19, 2013

The Compound in the Mediterranean Diet that Makes Cancer Cells 'Mortal'

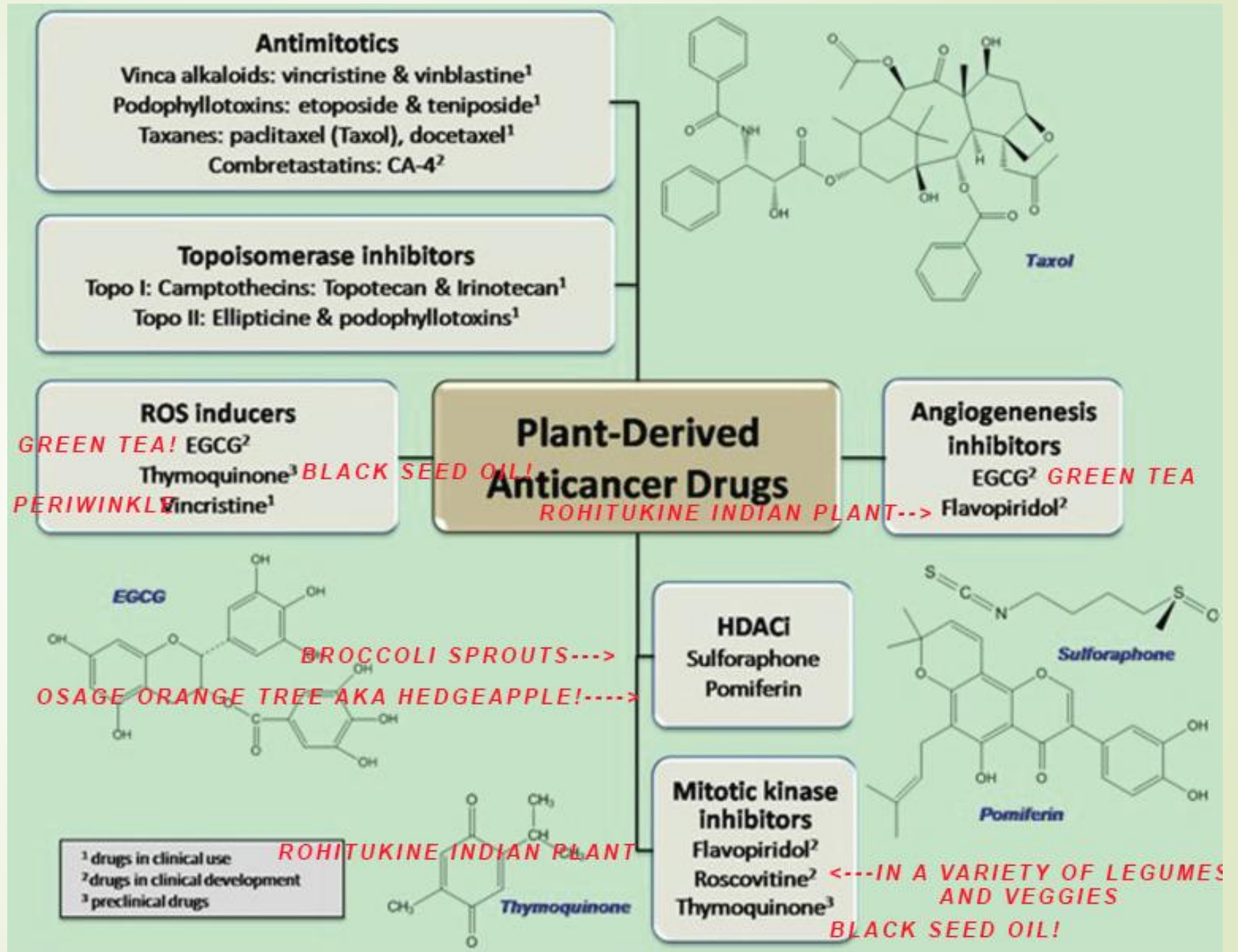
Scientists Design 'Fishing' Technique to Show How Foods Improve Health

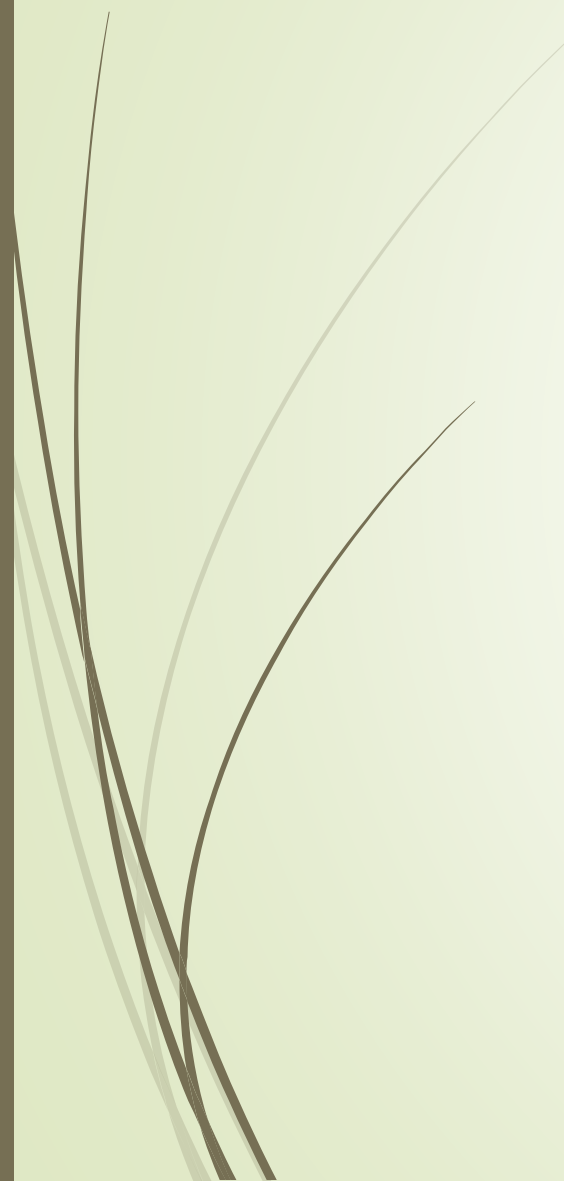
COLUMBUS, Ohio – New research suggests that a compound abundant in the Mediterranean diet takes away cancer cells' "superpower" to escape death.

By altering a very specific step in gene regulation, this compound essentially re-educates cancer cells into normal cells that die a scheduled.



50% of
Cancer drugs
are plant
based!





Summer of 2017



Current Stats:
1 out of 2 men
1 out of 3 women!

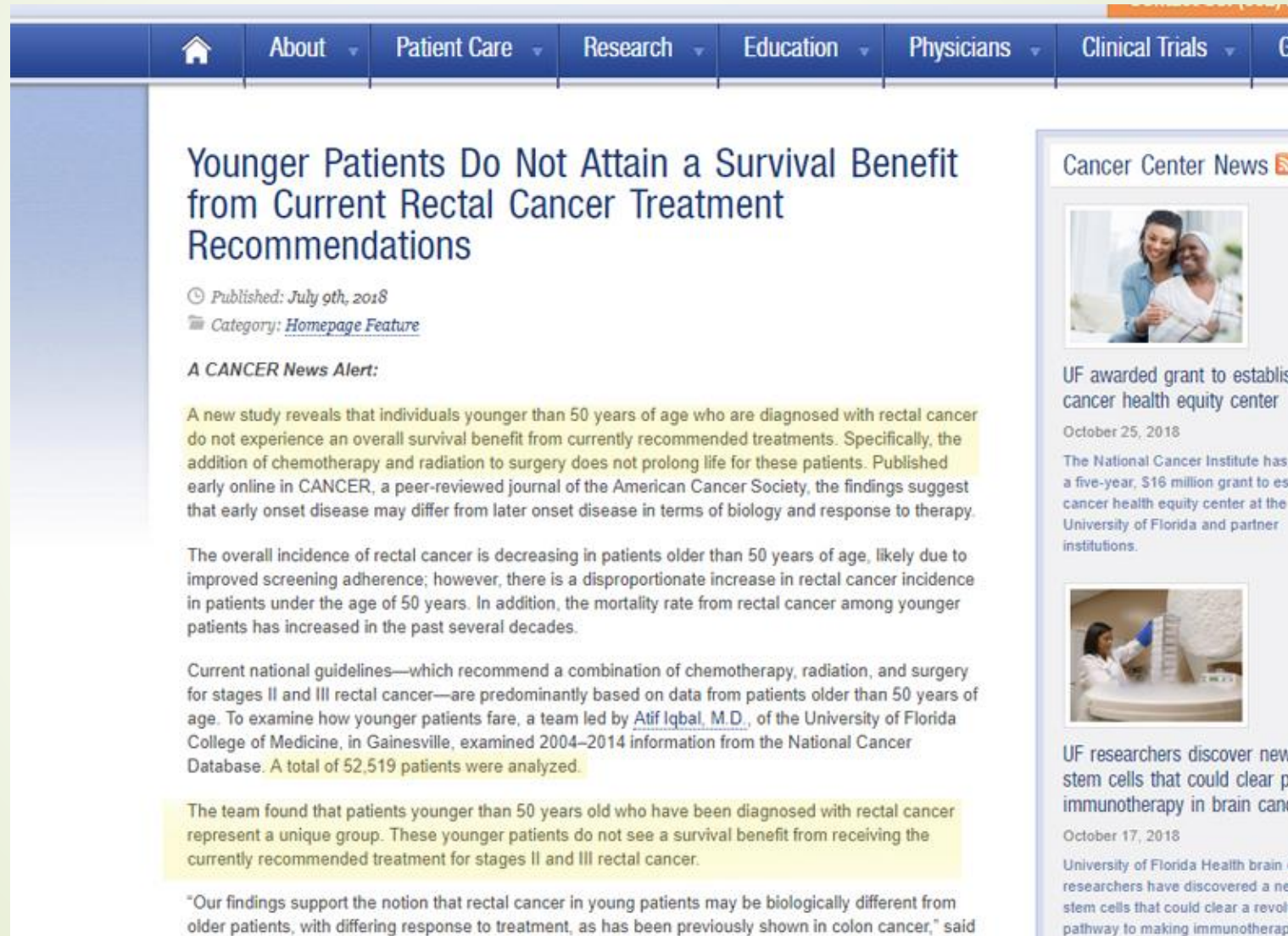
Unless you have an
really aggressive cancer
you've had it a decade
before diagnosis.

Researchers from The University of Texas MD Anderson Cancer Center looked at data from more than 393,000 people diagnosed with colon or rectal cancer between 1975 through 2010 who are part of the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) registry. Based on current trends, they predict that by 2030 the incidence rates among people ages 20 – 34 years will increase by 90% for colon cancer and by 124.2% for rectal cancer. Among people ages 35 – 49 years, they predict the incidence rates will increase by 27.7% for colon cancer and by 46% for rectal cancer.



University of Florida Study July 9th 2018

<https://cancer.ufl.edu/2018/07/09/younger-patients-do-not-attain-a-survival-benefit-from-current-rectal-cancer-treatment-recommendations/>



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Younger Patients Do Not Attain a Survival Benefit from Current Rectal Cancer Treatment Recommendations

Published: July 9th, 2018
Category: [Homepage Feature](#)

A CANCER News Alert:

A new study reveals that individuals younger than 50 years of age who are diagnosed with rectal cancer do not experience an overall survival benefit from currently recommended treatments. Specifically, the addition of chemotherapy and radiation to surgery does not prolong life for these patients. Published early online in *CANCER*, a peer-reviewed journal of the American Cancer Society, the findings suggest that early onset disease may differ from later onset disease in terms of biology and response to therapy.


The overall incidence of rectal cancer is decreasing in patients older than 50 years of age, likely due to improved screening adherence; however, there is a disproportionate increase in rectal cancer incidence in patients under the age of 50 years. In addition, the mortality rate from rectal cancer among younger patients has increased in the past several decades.

Current national guidelines—which recommend a combination of chemotherapy, radiation, and surgery for stages II and III rectal cancer—are predominantly based on data from patients older than 50 years of age. To examine how younger patients fare, a team led by [Atif Iqbal, M.D.](#), of the University of Florida College of Medicine, in Gainesville, examined 2004–2014 information from the National Cancer Database. A total of 52,519 patients were analyzed.

The team found that patients younger than 50 years old who have been diagnosed with rectal cancer represent a unique group. These younger patients do not see a survival benefit from receiving the currently recommended treatment for stages II and III rectal cancer.

“Our findings support the notion that rectal cancer in young patients may be biologically different from older patients, with differing response to treatment, as has been previously shown in colon cancer,” said


Cancer Center News



UF awarded grant to establish cancer health equity center

October 25, 2018

The National Cancer Institute has awarded a five-year, \$16 million grant to establish a cancer health equity center at the University of Florida and partner institutions.



UF researchers discover new stem cells that could clear pa immunotherapy in brain cancer

October 17, 2018

University of Florida Health brain cancer researchers have discovered a new stem cells that could clear a revolutionary pathway to making immunotherapy



Microbiome?

Fusobacterium

- Elevated in colorectal cancer
- 87% tumors are positive
- Periodontal disease
- What feeds it?
- What bacteria does it compete with?

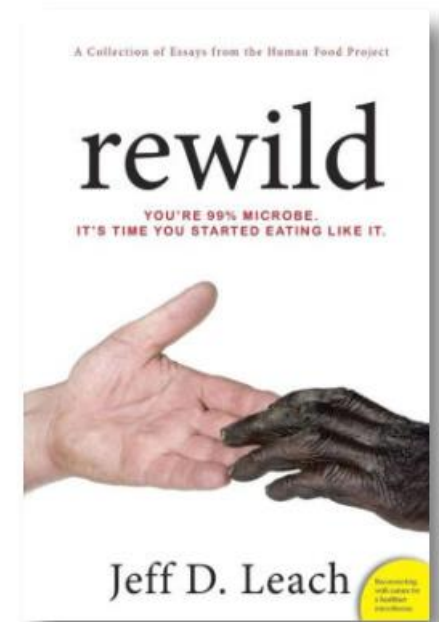
Lachnospiraceae

- Decreased in colorectal cancer
- Considered protective of colorectal cancer.
- Creates butyrate which inhibits cancer.
- What feeds it?

Fiber per day

Paleo-like	19 g
Omnivore	19 g
Paleo	25 g
Omnivore- with no red meat	27.8 g
Vegetarian	32.8 g
Vegan	43 g
African kid under 5 years old	30-150g!!!!!!

- ▶ Low carb = no gut fermentation=kills microbiome.
- ▶ Low plant matter dropped protective species and raised harmful bacteria levels.
- ▶ Hadza tribe adult members gut microbiome does not include Bifidobacterium and lactobacillus after infancy!!!!!!!!!!!!!!!!!!!!
- ▶ The above bacteria can compete with native species!!!!
- ▶ Can very quickly turn up or down bad bacteria based on how the amount of fiber consumed.



Young-Onset Colorectal Cancer Center

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DANA-FARBER/BRIGHAM AND WOMEN'S


CANCER CENTER



The UK Grand Challenge!

“We’ve all been working on this problem in our individual labs and hospitals,”

The robo gut mimics nature using a special tank called a bioreactor. “We’ve created a bunch of bioreactor vessels that allows the whole microbiome from a person’s gut to be grown in the lab.”



Things that fuel cancer cell growth.

Heterocyclic Amines

Methionine

Heme Iron

Animal Protein

IGF-1

MTOR

Amino acids

This is NOT what indigenous people ate!



Some ate their meat raw and when cooked, it was boiled or heated on a stone.

Did they eat the muscle or just the organ and bones?

What was their toxic burden???



We are being exposed to too many carcinogens and therefore, we need more medicine...



**SQUARE
ONE**

healing cancer
coaching program

Juice Recipe

Base

5lb carrots

1 bunch celery

Extra-Knob of
ginger

One beet





Smoothie Base

2-3 cups fruit

1 banana

Extras!

7 apricot seeds (take it slow)

Broccoli sprouts (Start with a large pinch)

Amla powder 1 tsp

Barley Grass Powder or Moringa Powder

Walnuts

Jason Winters Tea (until thin)



Cancer Stem Cell Killers

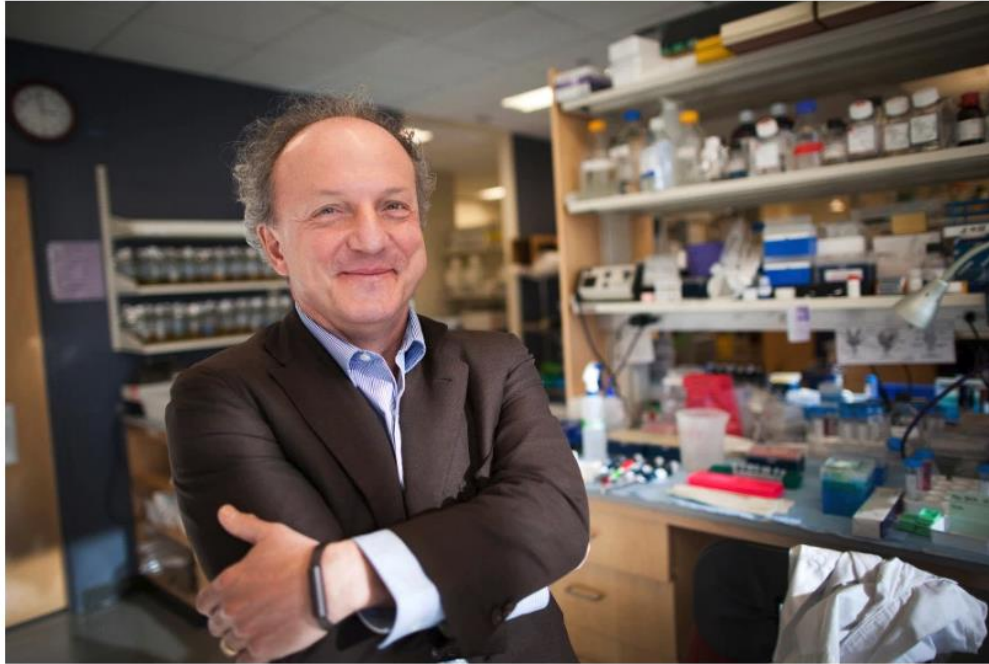
- **EGCG** -Green Tea
- **Genestein** - red clover
- **Delphinidin** - Blueberry
- **B17**-apricot seeds
- **Sulforaphane and Indole-3**-broccoli sprouts
- **Resveratrol**-berries and grapes
- **Vitamin C**-Amla

- **6-Gingerol** – Ginger
- **B-carotene/falcarinol**-carrots
- **Apigenin**
- **Beta vulgaris L.**-Beets

- **Isothiocyanates** – Cruciferous veggies.
- **Piperine** – Black pepper
- **Quercetin** - Capers, onion
- **Curcumin**-Turmeric

HEALTH & MEDICINE

Broccoli and Brussels sprouts: cancer foes



Research finds compound in such cruciferous vegetables that may help to suppress tumors

Indole 3 changes PTEN one of the most important tumor suppressors in the history of cancer genetic to allow it to do its job!

Dosage 6 lbs broccoli a day!

No worries! Use broccoli sprouts, then have 100 Indole-3 and 25x sulforaphane than mature broccoli!

Lemon and Garlic study!

Treated with lemon extract OR garlic extract tumors shrunk by an average of 80%, and 60% of the mice were completely cancer free!

The control group of mice not given either extract had an increase in tumor size of 566%.

Tumors shrunk by an average of 91% and completely disappeared in 80% of the mice treated with BOTH lemon and garlic extracts!



The screenshot shows the top portion of a scientific article page. At the top left is the Elsevier logo. To its right, the journal title "Nutrition" is displayed, followed by the volume and issue information: "Volumes 43–44, November–December 2017, Pages 89–97". Below this, the article title is "Consumption of garlic and lemon aqueous extracts combination reduces tumor burden by angiogenesis inhibition, apoptosis induction, and immune system modulation". The author's name, "Wamidh H. Talib Ph.D.", is listed below the title. A "Show more" button is visible. The DOI link "https://doi.org/10.1016/j.nut.2017.06.015" is provided at the bottom left of the article header. On the right side, there is a "Get rights and content" link. Below the article header, a "Highlights" section is present, containing four bullet points that summarize the study's findings.

ELSEVIER

Nutrition
Volumes 43–44, November–December 2017, Pages 89–97

Basic nutritional investigation

Consumption of garlic and lemon aqueous extracts combination reduces tumor burden by angiogenesis inhibition, apoptosis induction, and immune system modulation

Wamidh H. Talib Ph.D. ✉

Show more

<https://doi.org/10.1016/j.nut.2017.06.015> [Get rights and content](#)

Highlights

- Dietary agents play an important role in cancer prevention and therapy because of their low toxicity and the perception that they are not a medicine.
- Garlic and lemon were tested for their anticancer activities in vitro and in vivo against murine breast cancer.
- Garlic and lemon worked synergistically to inhibit breast cancer in vitro and in vivo.
- The combination of garlic and lemon can be considered for future development of anticancer food to augment conventional anticancer therapies.

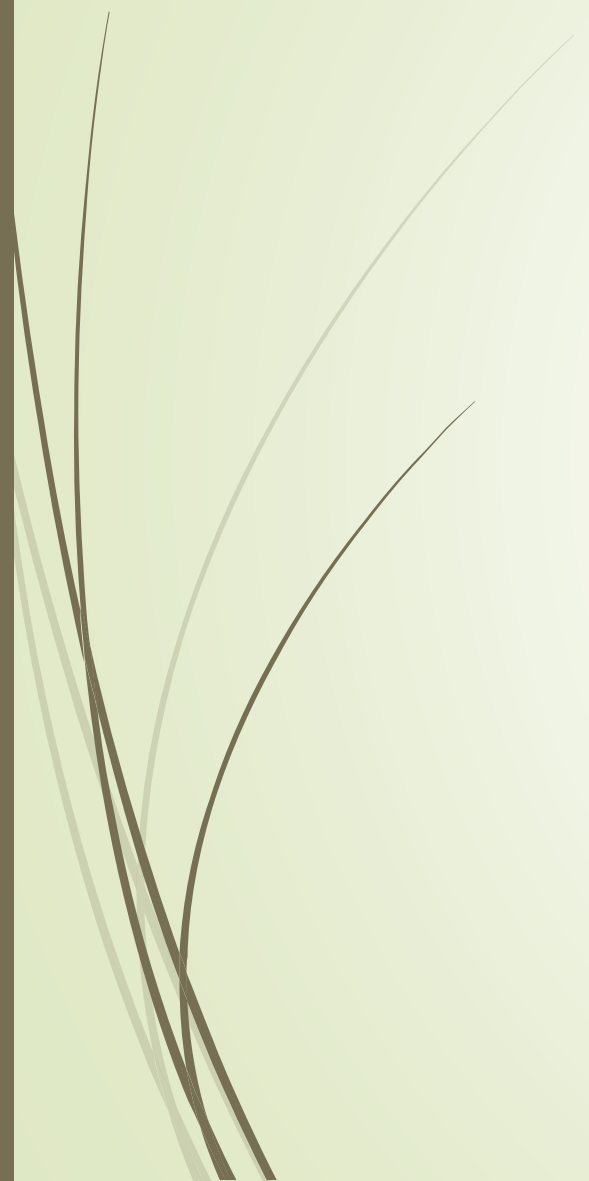
<https://www.sciencedirect.com/science/article/pii/S0899900717301260>



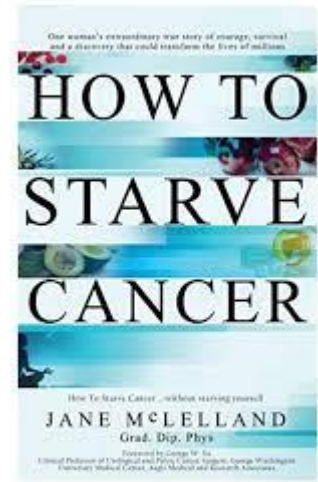


What we eat!





Survivors!



Survivors!


Excel Online | OneDrive > Documents | Book 10 - Saved

File Home Insert Data Review View Tell me what you want to do Open in Excel

Years lived Stage Juice

Row	Years lived	Name	Diagnosis	Stage	Juice	Other
26	7	Sue Ledbetter	DX 2009 Passed 2016	Inflammatory Breast	Eliminated meat, dairy, sugar and gluten	
27	14	Kathy Bero	DX 2005	Inflammatory Breast	Ate antioantigenic foods at least 10 servings, occasional grass fed animal and fish	
28	9	Elain Cartin	DX 2010-Alive	Breast	Modified high plant no dairy /no red meat-keto	Yes
29	18	Janette Murray-Walk	DX 2001	Breast-366 marathons in a row!	3 Raw Vegan	Raw Vegan
30	37	Ruth Heidrich	Dx 1982	Breast-Iron Man champ	4 Raw vegan (McDougall)	Low Fat Raw Vegan
31	11	Jessica Biscardi	DX 2002-Not sure if all	Breast	4 High plant alk diet/juice/no processed foods and no conventional raised animals.	Yes
32	59	Doris Sokosh	DX 1971-passed 2014	Breast-Miracle-very end stage!	Carrot Juice/apple/celery/h Carrot	Carrot/apple/celery
33	10	Sheila Herron	DX 2009 Alive	Breast	4 Dr Burzynski's gene target therapy	
34	11	Karen Dennis	DX 1992-p2012	Carcinoid	Passed away 11 years after terminal dx when she stopped treatment, no details on diet but she gave nutrition class: no details on diet	
35		Jane Van Benthusen	DX 2007-? Not sure if s	Cervical	eliminated, animal, sugar, processed foods. Juiced.	Raw vegan
36	8	Allan Taylor	Dx 2011-Alive	Colon	4	Raw Vegan
37	7	Ann Cameron	DX 2012 Alive	Colon	4 Carrot Juice only, no diet changes	Alk diet
38	3	Lindsey Martin	DX 2011 Passed 2014	Colon	3 Cannabis Oil after conventional failed.	Carrot
39	15	Chris Wark	Dx 2004 Alive	Colon	3 Raw Vegan-eats animal 2x month or less now. Red meat only once a year spe	Carrot/Celery Raw Vegan-initially
40	3	John Tanzi	DX 2013-PASSED 2016	Colon -70 years old at dx	4 vegan Diet/alk diet/essiac tea/beta glucan/given 2 months to live	
41	11	Ivelisse Page	DX 2008 Alive	Colon	4 Mistletoe/juice/high peri YES	beet/ apple
42	20	Rita Znamirovsky	DX 1993-3013	Kidney-Renal Cell-given months	4 Diet/juicing/detox/FACT diet whole food organic	Carrot/beet
43	10	Jim Gordon	DX 2009 Alive	Kidney	4 Herbal therapy//rainforest herbs/eliminated sugar	
44	36	Christina Pirello	DX 1983 Alive	CLL	Macro	Macro
45	38	Glenn Sabin	DX 1991-Alive	CLL- N if 1 Book	Mostly organic fruits and veggies, Genestien, ECGC-green tea. Only occasional fish like salmon, halibut or sardines. No other animal.	
46		John Dicarlo	DX 2009?	Leukemia	4 Dandelion Tea-No other details	
47		Bill Trucks	DX 2005	Liver	4 Black Salve-whoa crazy!	
48	44	Dr. Carl Helvie	DX 1975-alive	Lung-given 6 months	4 75% raw and vegan plus laetrile	
49	33	Donald Factor	DX 1986-passed 2017	Lung /son of Max Factor!Need to	4 Oasis of Hope-mostly vegan diet, IVC, laetrile, enzymes	
50	24	Janet Vitt	DX 1995-alive	Lung small cell lung-miraculouse	4 Macro	Macro
51	4	Joe Mancaruso	DX 2013/Passed away	Lung	4 Keto-high meat/processed	Keto
52	17	Aine Shaw	DX 2002-alive as far as	Lung-no details on diet	4 photodynamic therapy	High amount of meat
53	18	Ante Kresic	DX 2001-alive	Lung	Honey/pine needles	
54	11	Carrie Reading	DX 2008	Burkitt's Lymphoma	4 Gonzalez/enzyme	
55	14	Joyce Forsyth	Dx 2005-alive	Non-Hodgkins Lymphoma	4 Gerson	
56		Lou Sina	Dx 1978	Lymphoma	FACT Whole unprocessed food/juice/enzymes/cocfle E	Carrot/celery/beet/spinach
57	11	Cortney Campbell	DX 2008 Alive	Lymphoma	2 Raw vegan, juicing, wheatgrass, Budwig-eliminated all sugar, meat, caffeine, processed and cooked foods, essiac.	
58		Becky Gaw	DX 2011-cant find her	Lymphoma-	3 Juicing/Salads/vegetarian, various tinctures-red clover/apricot/rebounding	Carrots/Kale
59	8	Sandi Rog	DX 2010 Alive	Lymphoma	4 Laetrile/juicing/pancreatic enzymes, high plant, rarely eats meat	
60	16	Stacy Kneeshaw Jet	DX 2003-Alive	Melanoma	4 High plant vegetarian/juicing/Budwig/DMSO-vitamin C	
61	33	Marlene McKenna	DX 1886	Melanoma	4 Macro	
62	7	Dr. Charles Majors	DX 2010-Passed 2017	Multiple Myeloma	4 Keto	
63	12	Dieneke Ferguson	DX 2007-Alive	Multiple Myeloma	High dose curcumin (8 grams) and Oxygen therapy	
64	27	Drew Woodland	Dx 1992-Alive	Neuroblastoma	4 Vegan diet with Juicing and Supplements(alfalfa?possibly red clover?)	Carrots/apples
65	13	Broom Connah	DX 2006-Alive	Neuroblastoma	4 Whole Food nutrition/photodynamic therapy-no details on animal	
66	19	Evita Ramparte	Dx 2000	Ovarian	Raw vegan/juicing-want juicing details!	
67	27	Sanae Suzuki	DX 1993	Thyroid	4 Macro	Macro
68	19	Sarah Ann Cooper	DX 2000-Alive	Pancreatic- nearly escaped the "bad" G	Vegetarian-Gonzalez/enzyme/juicing	
69		Kim Thacker	DX 2002	Pancreatic-not confirmed with biopsy	100% raw food, small amount of raw dairy and eggs. 64 oz Juice, smoothie, e	carrots and greenery
70	16	Felicity Corbin-Whee	DX 2003-Alive	Pancreatic	Raw vegan/B17/juicing/wheatgrass/enzymes	
71		William Holeman	DX 2007	Prostate	Gerson/vegetarian diet	2 carrot juices and 1 green juice per day
72	17	Issa Khalaf	DX 2002-Alive	Prostate	4 Gerson/vegetarian diet	

Years Alive (2019)	Survivors-Thankful they shared their stories!!!	DX date	Type of Cancer	Stage
8	Corrie Yelland	dx 2011-Alive	Anal Cancer, Vulva, and skin	
	Randal Black	DX 2017	Basil cell Carcinoma	
11	Enoch DeBus	DX 2008 Alive	Basil cell Carcinoma	
7	Trevor Smith	DX 2012 Alive	Bladder Cancer T2A	
5+	Ray Wiseman	DX 2003 alive in 2008 for sure. I think he's still alive.	Bladder Cancer	
	Josie Numez	dx 2009-not sure if alive	Brain Cancer/ Conventional failed	
9	Ginger Rollins	DX 2010-Alive	Brain Cancer	
	Kevin Raymond	Dx 2004-not sure if alive	Brain Cancer	
10	Kelli O'Brien	Passed away June 3 2018/10 year survivor!	Brain Cancer	
18	Allison Huish	DX in Junior High, can't find date.	Brain Cancer	
10	Megan Sherow	DX 2009-Alive	Brain cancer-Pilocytic astrocytoma	
21	Brenda Cobb	DX 1999	Breast and Cervical	
12	Jessica Richards	May 2007-Alive	Breast	
9	Di Georgiou	DX 2010-Alive	Breast	
15	Veronique Desaulniers	DX 2004	Breast	
12	Suzan Macco		Breast	
27	Lorraine Day	Dx 1992-alive	Breast	

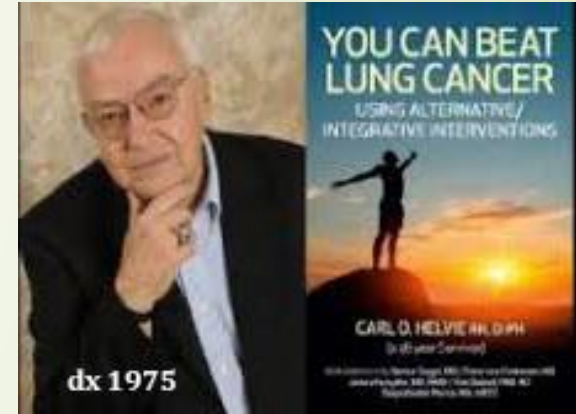


Years Alive (2019)	Survivors-Thankful they shared their stories!!!	DX date	Type of Cancer	Stage
11	Karen Dennis	DX 1992-p2012	Carcinoid	
	Jane Van Benthusen	DX 2007-? Not sure if she's alive	Cervical	
8	Allan Taylor	Dx 2011-Alive	Colon	4
7	Ann Cameron	DX 2012 Alive	Colon	4
3	Lindsey Martin	DX 2011 Passed 2014 of a surgical error, not cancer	Colon	3
15	Chris Wark	Dx 2004 Alive	Colon	3
3	John Tanzi	DX 2013-PASSED 2016 no detail	Colon -70 years old at dx	4
11	Ivelisse Page	DX 2008 Alive	Colon	4
20	Rita Znamirovsky	DX 1993-3013	Kidney-Renal Cell-given months	4
10	Jim Gordon	DX 2009 Alive	Kidney	4
36	Christina Pirello	DX 1983 Alive	CLL	
38	Glenn Sabin	DX 1991-Alive	CLL- N if 1 Book	
	John Dicarlo	DX 2009?	Leukemia	4
	Bill Trucks	DX 2005	Liver	4
44	Dr. Carl Helvie	DX 1975-Alive	Lung-given 6 months	4
33	Donald Factor	DX 1986-passed 2017	Lung /son of Max Factor!Need to conf	4
24	Janet Vitt	DX 1995-Alive	Lung small cell lung-miraculouse reco	4
4	Joe Mancaruso	DX 2013/Passed away July 2017 Blood clots and stroke	Lung	4

PBS Chef Christina Pirello



The most shocking thing I've learned about cancer!!!!!!!!!!!!!!

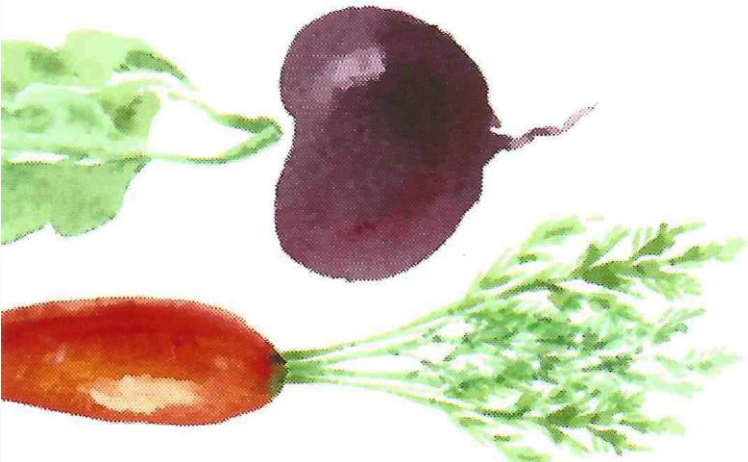




Books!



Health Coaching!



Jodi Ledley
Author Speaker Coach

Skype consultations
In-person consultations

adventureswithjodi.com
jpo45843@yahoo.com

Experience in Overcoming Obstacles
Let Food Be Thy Medicine