



The NW Suburban Chapter of the  
**Holistic Moms Network** and the NW Cook County Chapter of the  
**Weston A. Price Foundation**  
present the



# 2<sup>nd</sup> Annual CSA\* Expo

\*Community Supported Agriculture



**Friday March 23<sup>rd</sup>, 6:30-9pm**

**Arlington Heights Library**

500 N. Dunton Avenue, 60004

Community Supported Agriculture (CSA) is a popular way for consumers to buy local, seasonal food directly from a farmer. Interested consumers purchase a share (aka a “membership” or a “subscription”) and in return receive a box (bag, basket) of seasonal produce each week throughout the farming season.

**Meet local farmers, taste samples, and find out about CSA options in the Northwest Suburbs!**

also featuring a screening of the documentary

## King Corn



Two recent college grads discover where America’s food comes from when they plant a single acre of corn and follow it from the seed to the dinner plate. With the help of government subsidies, genetically modified seeds and powerful herbicides, America’s most subsidized crop becomes the staple of its cheapest—and most troubling—foods.

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