

Homeopathic Surgery Protocol

PRIOR TO SURGERY FOR NERVOUSNESS

Gelsemium 30c every 3 hours or at least 2 times per day.

DAY BEFORE SURGERY

Arnica 200c - one dose in morning and evening

- used to reduce chance of infection, minimize shock, reduce swelling, minimize the possibility of hemorrhages, put patient at ease.

DAY OF SURGERY

Arnica 200c: Morning of surgery

Just before being wheeled into the operating room

ASAP after surgery

AFTER SURGERY

Arnica 200c as often as needed to eliminate pain (every 5 mins, every ½ hours, every 1 hour, extending time between dosing as pain subsides. If pain spikes, remedies can be administered at more frequent intervals again.

Condition	Remedy	Dosing	When to stop
Nerve Pain	Hypericum 200c	Alternate w Arnica	When nerve pain very much better
Nausea	Nux Vomica 200c	E15min for 4 dos if feeling relieve, then 1 x per hour	When nausea is resolved or remedy has not worked at all after 4 doses
Headache/poor mood	Phosphorus 200c	E15min for 4 dos	When relieved
Incision Pain	Staphysagria 200c	E hour until pain resolved	When pain very much better

These homeopathy remedies can be taken alongside medications prescribed by your surgeon and anesthesiologist. There are no known drug interactions.

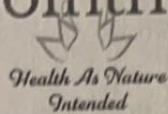
These remedies are known for avoiding infection, minimizing shock to the system, reducing swelling, minimizing hemorrhages and assisting the detox pathways in eliminating toxins from drugs used during and after surgery.

BANERJI PROTOCOLS

Post-Surgical care: Staphysagria 200 - 2 to 3 times per day

Surgical hemorrhage: Citrus vulg MT - 2xD

Acute concerns after the appointment



AS OUR BODIES GO THROUGH THE HEALING PROCESS, THERE ARE DIFFERENT ASPECTS THAT NEED ADDRESSING. HERE ARE THE REMEDIES THAT ARE MOST COMMONLY NEEDED FOR APPROXIMATELY THE NEXT 5 DAYS BASED ON THE HEALING PROCESSES WITHIN THE BODY.

LEDUM 30C

- for puncture wound from the needle for local anaesthetic
- for pain
- take 2D for 48 hours

ARNICA 30C OR 200C

- for trauma, bleeding and soft tissue damage
- for bruising and pain
- reduce shock
- take as soon as possible after the dental appointment
- can be alternated with chamomilla or belladonna

BELLADONNA 6C OR 30C

- for pain with throbbing and inflammation
- can be alternated with chamomilla or arnica

A+B+C (Arnica, Belladonna + Chamomilla)
CALENDULA TINCTURE

- rinse mouth with tincture to prevent infection and assist wound healing

CHAMOMILLA 30C

- when pain is extraordinary
- anger, thrashing
- can be used alternating with arnica or belladonna



Banerji Protocol

HYPERICUM 200C + ARSENICUM 200C

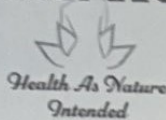
- take 3 times daily to prevent infection and assist in pain management post root canal or extraction

FERRUM PHOS 6X

- continue with this cell salt for inflammation, pain and infection



For more severe pain and healing



LONGER TERM CONCERNS CAN INCLUDE:

- PAIN THAT WON'T BUDGE WITH PREVIOUSLY MENTIONED REMEDIES SUCH AS DEEPER PAIN IN THE BONES AND JAW FROM MORE SERIOUS PROCEDURES SUCH AS EXTRACTIONS AND ROOT CANALS
- DRY SOCKET
- INFECTION

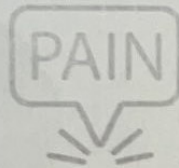
RUTA 30C OR 200C

- for root canals/dry sockets with severe pain
- can be alternated with pain remedies on the previous page

Will work if Arnica does not

BELLIS PERENNIS 30C

- follows well after arnica
- for deeper trauma
- worse for application of heat



SYMPHYTUM 200C + CALC PHOS 6X

- for deeper bone pain and for bone healing



MAG PHOS 6X

- for pain that is better with application of heat

CALENDULA 30C AND TINCTURE

- to assist in wound healing after pain and inflammation have subsided