

Vendor	Where / How to Buy	Dairy products (butter, ghee, cream, milk, yogurt, kefir, whey, cheeses)	Ferments	Eggs (pastured)	Bone & other Broths	Meat (beef, lamb, pork, poultry, goat)	Juices	Bread	Nuts & Seeds	Sustainable Seafood	Seasonal produce	Specialty items	Comments
Allstar Organics http://www.allstarorganics.com/salt-s/ Woodacre	Online & Three Stone Hearth											Herbal salts, dried herbs, aromatherapy items	"We utilize a routine of organic soil enrichment programs in order to maintain soil fertility... the foundation of our production. As a result, our vegetables and herbs acquire vivid color, texture, fragrance, flavor, and nutritional quality."
As Kneaded Bakery www.askneadedbakery.com/	Multiple. Pick up is always on Friday. Locations include: KitchenTown/SM, Back Yard Coffee/RWC, Cafe Zoe/MP / CSM farmer's market / Piazza's / Online							X					"Inspired by the sourdough bread culture of California and the rich tradition of breads of her Jewish heritage" her breads ... contain a natural leavening agent (known commonly as sourdough), or a preferment, meaning a portion of the final dough mix contains a percentage of pre-fermented flour - allowing for the development of an extended flavor."
Ava's Downtown Market https://www.facebook.com/avasodowntownmarket/ 340 Castro St Mountain View 650) 961-5652	Brick and mortar store. They have gen'l items also.	Claravale raw milk / raw cheeses	X		Wagyu			X	X		X		Local Farm Fresh Organic Produce, The Midwife and the Baker, LOCAL Grass-Fed Beef, Goat, Lamb and Pork, Wild Caught Fish, Organic, Sustainable LOCAL Wines, Organic Liquor, Organic Cage Free Eggs, Raw Milk and Raw Dairy and many other items.
Azure Standard http://www.azurestandard.com Azure Standard / 79709 Dufur Valley Road / Dufur, Oregon 97021	Online: Delivery like a CSA												It seems they offer almost everything you would buy in a store or farmers market...quality bulk, natural food, including flour, nuts, etc. "to find a drop near you, all you need to do is enter your location in the Drop Finder section of the website and search."
Bellcampo Meat Co. https://bellcampo.com/product-category/bone-broths/	Used to have store in Palo Alto, but you can still order online.				X	All of the above and more						Pasta sauces, charcuterie, jerky	"...delicious, organic, and compassionately raised meat you can feel good about buying and eating." Ranch is in Gazelle, CA. Used to have store in Palo Alto, but you can still order online.
Blossom's Biodynamic Farm https://www.blossomsfarm.com/	They also now have a seasonal CSA. Contact for info.											Many	Excellent bitters. Also, skincare, hydrosols, tinctures, tea, vinegars, herb salts.
Biotic Ferments https://www.bioticferments.com/	(707) 217-8059 hello@bioticbrands.com Many stores: https://www.bioticferments.com/find-us		kvass										Why reach for Biotic kvass over kombucha? 50% less Total Sugar — all from fruits and veggies / Clean crisp taste — no strong vinegar bite / No caffeine, alcohol or yeast / Less acidic and more gentle on the digestive system
Boochman https://boochman.com/	Campbell & Palo Alto CA Ave Farmers markets / Online / Tap room		kombucha									Soaps Tahini Pickles	"Our secret lies in our brewing style. We use 5 gallon glass jars through our fermentation and brewing process. We do this to give individual attention to every single batch and in order to maintain the perfection."
Bread Srsly https://shop.breadsrsly.com/ San Francisco	Bianchini's Alpine Rd., Country Sun, Mollie Stones, New Leaf HMB, online & Three Stone Hearth							GF & GF Sourdough					"All of our bread rises for more than 12 hours, breaking down hard-to-digest grains and making it seriously good for you. Plus, Bread SRSly gluten-free sourdough contains a host of bioavailable nutrients, promoting digestive health and healing."
Claravale Dairy https://claravalefarm.com/ Paicines	Real Food Bay Area (see below) // Also at CSM & Mtn. View farmers markets, Country Sun and Bianchini's	Raw cow milk, cream & cheese										Soap	They also sell manure for your garden

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Collective Cultures Sam Paone www.goldenstatepickleworks.com info@collectivecultures.com	Online and Sunnyvale Farmers Market (Urban Village) year round.		X									Probiotic salad dressings	I met Sam at the Sunnyvale farmers market. She is there every other week. A chef and restaurateur, she is stepping out on her own, making ferments and salad dressings using organic ingredients. Let's support her.
Cook's Seafood - Full service fresh fish market & restaurant https://www.cooksseafood.com/	Brick and mortar store and restaurant.								X			Fish	We focus on Quality. It is a Tradition and an overall work ethic that drives us each day to supply our valued customers with only the freshest fish possible.
Country Sun https://www.countrysun.com/about-country-sun-natural-foods 440 California Ave., Palo Alto 94306-1605 (650) 324-9190	Brick and mortar store. They have gen'l items also.	A variety of raw brands, cow & goat	X	X	X	frozen	X	X	X		X	Nut and seed butters & oils	Natural foods with a strong emphasis on organics, cutting edge nutritional supplements, body care, Fair Trade gifts, organic and NSA wine, organic produce, bulk herbs, and more. Senior discount Tues & Sun.
Dave's Backyard Bees DavesBackyardBees@gmail.com	Local - Lives in Barron Park 1021 Paradise Way & has self-service stand. Sells through Country Sun. Or you can contact him.											Honey (seasonal)	This is a covid enterprise but he's up and going.
Del Real organic Medjool dates https://www.delrealmedjools.com/	Available in Whole Foods and many other markets. Also at PA Calif Ave farmers market. Or call Ray: 831-970-3669											Medjool dates and products	Raw and fresh. Also stuffed dates w coconut. Ask about their date jam, not on web site.
Goat Lady Jane Hulme / was Evergreen Acres / Moved to Lake County	Occasional deliveries to Mountain View from Lake County by courier			Duck								Also misc. seasonal offers fr other local farms	Jane has moved to Lake County. Duck eggs and specialty items. No more goat milk. Available via rendezvous delivery when arrangements are available. Contact Jane Hulme. goatlady606@gmail.com
Family Friendly Farms http://www.familyfriendlyfarms.ca/ Grass Valley	Phil Zeiter / Get on his email list fff.meat@gmail.com / comes 1-2 times a quarter // Also online through Real Foods Bay Area or Grub Market				Beef Pork Poultry								Great family who customizes packages for those who want to take advantage of bulk discount pricing
Farmhouse / Eat with the Seasons http://eatwiththeseasons.com/ P.O. Box 1498 / San Juan Bautista	Multi farm CSA: Online / Pick up locations in most Peninsula cities										X		CSA offering organic produce plus TLC. Owner Becky Herbert's goal is to be the uniting force organic food producers in San Benito County: produce, grass-fed meats, eggs, olive oil, bread. She partners with food artisans who are committed to organic, sustainable, Fair Trade, and humanely-produced food.
Far West Fungi http://www.farwestfungi.com/ San Francisco	Store front in Ferry Building, SF / also California Ave. farmer's Mtk. / also Whole Foods, Bianchini's, Mollie Stones, Raley's											Mushrooms tinctures, jerky	They have medicinal mushrooms like maitake, shiitake, reishi, and lion's mane plus many others "dedicated to the growing, distribution and marketing of organic specialty mushrooms"
The Fatted Calf www.fattedcalf.com San Francisco	Ferry Plaza Farmer's Market and 320 Fell St., San Francisco				X								Full assortment of charcuterie including salami, jerky, sausages, made with high quality, natural meats. They sell bones broths, foods to go, etc.

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Fiesta Farms http://www.fiestafarm.net/ Watsonville	Online CSA during season			Chicken		Chicken							Every other Thursday during the CSA season (usually May to November). Generally you commit for the season. Check to see if you can join in. Lisa Herndon is one drop point.
Fogline Farm http://www.foglinefarm.com/ Santa Cruz	P.A. California Ave. Farmer's Mkt.			Chicken	Chicken	Pork & Poultry							Delicious and fresh. They also have sausage, head cheese, and other specialty items. "We farm without the use of chemical pesticides, herbicides, fungicides and genetically modified organisms. All of our animals are raised on pasture and fed organic feed, and our crops are rotated "
Fishmonger Don https://fishmongerdon.com/ don@fishmongerdon.com	Online CSF									X		X	Endorsed by WAPF member Carol Reade "I am a person of the sea. Surfing and fishing California waters my entire life has forged my respect for ocean wildlife and strictly guides my decisions about what seafood is sensible to put on our plates."
The Fruit Tree https://www.facebook.com/thefruittreejuicery No website. (510) 488-8042 help@thefruittree.com	Smoothie store front in Berkeley. Juices avail P.A. California Ave. Farmer's Mkt.						X						I buy these juices for my spouse at the CA Ave farmers market to slightly sweeten tart water kefir. You will need to go to FB or Yelp for a menu. They are all good. Organic. On the sweet side. It appears they have a very popular smoothie shop in Berkeley.
Future Pioneers Farming https://futurepioneersfarming.com any.site	510-552-7808 futurepioneersfarming@gmail.com Acampo CA 95220					Poultry							Our family 's mission is to create a healthier food system through regenerative farming practices - preserving our land and our way of life for future generations, while fostering a deeper connection between people and their food.
Gambrel's https://www.gambrelandco.com/ Redwood City	810 Main Street					X							Your source for local, sustainable, and humanely raised meats. We feature all-natural and sustainably-raised meats and specialty products. We also offer house-made ready to serve specialties like Boeuf Bourguignon. Delivery available through website.
Garden Variety Cheese & Monkeyflower Ranch http://gardenvarietycheese.com Royal Oaks	Online and P.A. California Ave Farmers Mkt. Also through RFBA.	Sheep yogurt & cheeses				Lamb							Aged and Fresh raw sheep cheese, pasteurized sheep yogurt. Also lamb cuts & sausage.
Gleason Ranch http://www.gleasonranch.com/ Bodega Bay	Information on website- group buys through Robin Simpson					Beef Lamb Pork Poultry							USDA processed, heritage breeds
Good Faith Farm http://www.goodfaithfarmstand.com/ Flournoy	Online and P.A. California Ave Farmers Mkt.										Cured olives, dried olives, olive oil		"...we specialize on curing raw olives and pressing premium olive oil. Our 20-acres of olives trees throughout the valley are sourced from young and old orchards, some of which date back over 100 years." Organic.
Gourmanade Hello@Gourmonade.com https://www.gourmonade.com/	899 Valencia St, SF and CSM farmers market (Sat)										Fresh squeezed juices		Viktor Stevenson started in 2018 IN PROGRESS (need to get more info re products, ingredients & locations) They offer a variety of organic fresh squeezed juices and maybe soups

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Grindstone Bakery www.grindstonebakery.com Rohnert Park	Country Sun, Whole Foods RWC, San Mateo, Downtown PA, or online (4 loaf min.)							Sourdough & Gluten Free					"In our bakery's dedicated gluten-free facility, we stone-grind whole quinoa & whole millet just before mixing the dough, which then goes through a long natural fermentation. This ancient method is al also used in our designated spelt, rye & barley facility."
H&H Fresh Fish https://www.hhfreshfish.com	CSF and Farmers markets incl Calif. Ave., Palo Alto									X		X	Endorsed by Jennifer ZN "We are Hans Haveman and Heidi Rhodes. We are the Resident Seafood Buyers of the Santa Cruz Harbor- what we do not catch ourselves, we supplement from other local Santa Cruz fishermen after hand selecting, approving, and processing all fish that we present for sale."
Hidden Villa Ranch https://www.hiddenvilla.org/products/meat-eggs/ Los Altos Hills	Los Altos farmers market (seasonal) and through ranch CSA & farm stand			X		X					X	Flowers, Honey	Hidden Villa products can be purchased year-round through our online store for pick up at our farm stand. We believe in nose to tail eating and offer a full range of products—from roasts to sausage, ribs to chops, even livers, hearts, and feet! (note that availability varies by season).
Holding Ranch Hunter Holding P.O. Box 186 Cedarville, CA 96104 925-997-1072 www.holdingranch.com holdingranch@gmail.com	Order online - pick up at designated location					beef							We produce grass-fed beef from birth to harvest without antibiotics or hormones. We are located in Lake City, CA, and deliver in Modoc County, Sacramento, Bay Area and points between.
Jerk n Pickle http://www.jerknpickle.com/about/Belmont	Several stores incl: Bianchini's, Roberts, Piazza, Draeger's SM, Sigona's. Check store locator.											Beef jerky, pickles, several flavors	Jerk' N Pickle is a small family business...We carefully hand craft All-Natural Choice Angus Beef Jerky marinated in our signature recipes along with Fresh Artisan Pickles focusing on Local, Organic, and Sustainable ingredients...We're serious about Jerk' N Pickle.
Joyus Juice https://www.joyusjuice.com/Burlingame, 650 576-2978	Kitchen Town, Burlingame Burlingame, CSM, & PV farmer's markets						Several Combinations						"Joyus Juice was born out of a desire to bring, local, raw, organic, juices to my family, friends, and community. It is my hope to share synergistic juices that are nutritious, and delicious!"
juice co. LG http://www.juicecolg.com/ San Jose	P.A. California Ave. Farmer's Mkt. and online						Several flavors						These are amazing juices - hard to pick a favorite. And they deliver! "hand crafted, cold-pressed, organic juice for you to incorporate into your everyday life."
Lifefood Gardens / Lake County / Kelseyville. https://www.lifefoodgardens.com	P.A. California Ave. Farmer's Mkt. and online										X	Cleanses	... a small 'direct to community' farm based in Lake County California. We grow microgreens and grasses for juicing as well as sprouted stone ground nut / seed butters and sprouted snacks.
Live Earth Farm Watsonville farmers@cruzio.com https://liveearthfarm.net/aboutus/farming-and-stewardship/	U-Pick at the farm / CSA drops in MP/RWC/SC and farmers markets in Santa Clara County										X	U-pick & farm tours	"...we believe the key to growing nutritious (and tasty!) fruits and vegetables is creating and nurturing healthy soil. Our overall farming philosophy includes growing our crops as close and harmonious with nature as possible."

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Living Intentions http://www.livingintentions.com/ Richmond	Whole Foods, online							X				Other products for nuts & seeds	Soaked, sprouted, dehydrated organic nuts and seeds and reldt products. "...Through water activation, we take naturally dormant nuts and seeds and bring them to life. Sprouted foods ease digestion and increase vitality."
Local Culture Ferments https://localcultureferments.com/ Grass Valley / Bend OR	Online, & Whole Foods stores		Krauts, Kimchi, Pickles										We are committed to cultivating live foods for living well. Loaded with cultured probiotics, our krauts will make both your belly and palate smile.
Mama Tong's https://mamatongsoup.com/pages/markets-shops	Online through goodeggs.com/mamatong			X								broths	"The inspiration for the company came from the ritual foods prepared for post-natal recovery known as "zuo yuezi." (but are) "also appropriate for everyone mindful about what they put in their body."
The Midwife and the Baker https://www.themidwifeandthebaker.com/ 846 Independence Ave., Palo Alto	At bakery Tues-Sat 6:30AM-12:30PM / Draeger's Los Altos / other locations							Sourdoughs					"...sourdough breads with fresh milled organic whole grains. We source grains directly from California farmers and mill fresh in the bakery. We offer six breads that are 100% whole grain and add whole grains to every product we make."
Misfits Bakehouse https://www.misfits.kitchen/store	2706 Middlefield Road 650-690-5073 mina@misfits.kitchen							Gluten/grain Free				Additional baked items including sweets	Owner Mina lost 300 lbs. but missed breads. His quest, starting with Ducks and Dragons in 2015, to offer high offer nutritionally dense 100% grain and gluten free baked items to immuno compromised (or anyone) w/o sacrificing taste or texture has succeeded! Order b/f 7 PM, pick-up 11-2 following day (until sheltering ends)
Markegard Ranch http://www.markegardfamily.com/ Pescadero	Online or CSM & CA Ave. PA farmer's markets, or at dropoff in Woodside on Whiskey Hill Rd.				Beef Lamb Pork Poultry							Bone Broth	See website http://www.markegardfamily.com/pickup-delivery-options/ for additional local delivery locations
Mission Fresh Fish https://www.missionfreshfish.com/markets	Cash only from these and other farmers markets: College of San Mateo / Mountain View / Serramonte								X				"Started by Patrick Charles O'Shea over 25 years ago, he took his love for fishing, family values and a healthy focus to create a small business."
Morris Grassfed Beef https://www.morrisgrassfed.com/ San Juan Bautista	Direct buys from Joe Morris; dropoffs throughout the bay area				Beef								Wonderful quality beef- Joe Morris takes environmental stewardship very seriously- ordering takes place in the spring into early summer- details on website
New Natives http://www.newnatives.com/ Aptos, (831) 728-4136	Draegers, New Leaf, Roberts, Sigonas, Whole Foods, Bianchini's, Farmigo											Micro greens wheat grass	"Certified organic and sustainably farmed micro greens and wheatgrass."
Ocean2Table https://www.getocean2table.com	Online CSF w home delivery			X	X			X	X	X		X	"We're a group of like minded fishermen, farmers and community members looking to bring positive change to our food system. Our goal is to bring food that is traceable to the source only from California, directly to your door."
Osso Good Company http://www.ossogoodbones.com San Rafael	Online			X									"The bones for our bone broths are always grass fed, pasture raised, hormone free, and ridiculously good tasting."

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Pacheco Family Farm / Achadinha Cheese Company https://www.achadinha.com/	Palo Alto CA Ave farmers mkt. Sunday 9am-1pm all year Check website for more locations if travelling north.	X											"The Achadinha (Osh-a-deen-a) Cheese Company is a family operated ranch which began 3 generations ago in Achadinha, Portugal ...and eventually in Petaluma where they make their own Farmstead cheeses..."
Pasture Chick Ranch pasturechick@gmail.com (831) 801-9765	We grow year round. Find us in these farmers markets: Saturday: Morgan Hill & Saratoga / Sundays Princeton Plaza & Mt. View			X	Chicken								We also prepare our own Bone Broth from our chicken heads and feet. You can read more here. https://www.localharvest.org/pasture-chick-ranch-M53764
Philosopher's Stoneground & Ostara products http://thephilosophersstoneground.com/ Santa Cruz	Online, through RFBA, and stores listed on website							X			sprouted nut butters, some w chocolate		Made in small batches using stone grinding, a food preparation technique older than civilization. We use truly raw, unpasteurized dry-farmed Spanish almonds for all of our sprouted almond butters.
Pickled Planet https://pickledplanet.com/ Ashland OR	Online, & through Whole Foods, Rainbow Grocery, Berkeley Bowl		Krauts, Kimchi, Pickles										The way we see it, if microscopic lactic acid bacteria can bridge the gap from barrel to our bodies, then we can bridge the gap between the bottom line and the planetary brine.
Pomponio Ranch Meat https://pomponioranchmeat.com/our-story/ San Gregorio/Pescadero	Online, through merchant & restaurant partners, & the Mountain View farmers market				X								(Our) holistic grazing approach is similar to how herds of animals move in the wild. ..We mimic animal's natural grazing behavior.
Que SeRaw SeRaw (vegan) https://www.queserawseraw.com/Burlingame	Grab & Go prepared foods from store only					X	X						from URL: all organic, vegan*, raw and FREE of wheat, dairy and gluten // using sprouted nuts and seeds; veggies; fruits; super food, herbs and spices
Raw Farm (formerly Organic Pastures) https://rawfarmusa.com/ Fresno	Country Sun, Bianchini's, Mollie Stones, Sprouts, or check store locator for sites throughout the area	Raw cow milk products											"...unprocessed and complete with bioavailable vitamins, minerals, enzymes, beneficial bacteria, naturally occurring CLA and Omega-3 fatty acids. Our raw milk is simply filtered, chilled, tested, and bottled"
Real Food Bay Area http://www.realfoodbayarea.com	Online only / Pick up from local location	X	X	X	Beef/Ch TSH	X		X	X				"...dedicated to providing healthy, nutrient dense, sustainable, fresh and prepared foods delivered directly to your area. We deliver CSA style to centrally located drop locations" (to most cities on the Peninsula).
Real Good Fish https://www.realgoodfish.com/	Online CSF w home delivery								X		X		Endorsed by Jennifer ZN: Real Good Fish is a community of fishermen and seafood lovers sharing the bounty of our local ocean by eating a diversity of species caught using sustainable catch methods, which ultimately brings greater health to all – the fishermen, the seafood lovers and the ocean itself.
Rockside Ranch http://www.rocksideranch.com/Redding	Online CSA with local drop points		X		Beef Chicken Lamb Pork								CSA First Saturday of the month (1pm at Lisa Herdon's). Several other drop points including San Mateo. No ongoing commitment needed - order as you like.

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Root Down Farm https://www.rootdownfarm.org/sto ckists	In Pescadero - Available online through Good Eggs and a few stores and farmers markets					also turkey						Bone Broth	"Our animals (chickens, ducks, pigs, turkeys) are rotated throughout the pastures to improve soil and animal health while producing incredible and honest meat. All animals are fed an organic, non-GMO grain and we would never even think of giving anyone hormones."
Schoch Family Farmstead https://www.rootdownfarm.org/sto ckists	Palo Alto CA Ave farmers mkt. Sunday 9am-1pm all year	milk, yogurt, cheese											Website not helpful. But people at farmer's market booth are very helpful.
Sea Forager https://www.seaforager.com/tours Kirk: fish@seaforager.com	Online CSF with home, business, or neighborhood drop sites								X		X		Recommended by the San Francisco WAPF email community Jan-2023
Santa Cruz Fungi Shroomcicles https://www.scfungi.com/	Santa Cruz, and 3 stores locally https://www.scfungi.com/where-to-buy											Shroom-cicles	We're proud to partner with Nammex and Far West Fungi...Every extract is beneficial for health and environmentally responsible.
Skyline Honey	Portola Valley farmers mkt.											Honey (seasonal)	Small local producer. Her honey sells as fast as she can produce it. No web presence.
Slow Brine https://www.slowbrine.com/thegoo ds Moss Beach	Online, through RFBA, and selected shops e.g. The Sunshine		Pickles, Krauts, Kimchi										Our krauts, pickles, and kimchi are fermented, live, probiotic, and delicious. Inspired by the seasons and the Coastside's agricultural roots. Hand-crafted in small batches.
Sonoma Brinery http://sonomabrinery.com/ Sonoma	Whole Foods, Country Sun		Pickles, Kraut										<i>Not organic</i> but grown vertically using tarps allowing hand picking, so not tough like most mechanized pickles and <i>almost organic</i> . Zero glyphosate. This skin, bumpy, low seed, crunchy. A great pickle. Probiotic "pickles and sauerkraut fermented in the traditional method"
Sophia's Survival Food http://www.grassfedjerkychews.co m/nutrition.html	Online											Jerky	We make clean ingredient beef jerky from hormone free, 100% grass-fed beef. FREE of gluten, soy, dairy, artificial preservatives and refined sugar. All meat comes from Richards Grass-fed Beef.
Sowaka https://sowakafoods.com/	Online at at the Sunnyvale farmers market	Ghee											"Sowaka was founded in 2023 by Tejas Bahulkar in Sunnyvale. After not finding satisfactory ghee in local markets, and subsequent 10 years of perfecting it for his family, he decided to spread the richness of his ghee across the community."
The Local Butcher Shop https://thelocalbutchershop.com/ 1600 Shattuck Ave. Ste. 120 Berkeley, CA 94709	Call ahead to check availability - info@thelocalbutchershop.com 510-845-6328 (MEAT)					X						X	Employee owned. They make all of their "pâtés, sausages, deli meats, stocks, stews and "fido food" in house." Worth the outing.
The Sunshine https://thesunshinepescadero.love/ Pescadero	Brick and mortar store 213 Stage Road Pescadero 94060 Most items are locally sourced.	X	X	X	X	X	X	X	X			X	We are a small but mighty grab-and-go + pantry offering thoughtfully sourced, organic healing meals and snacks which highlight what our beautiful coastal terroir has to offer.

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The Young Kobras https://youngkobras.com/ hi@youngkobras.com	Several locations in SF / Country Sun-Palo Alto / Kitchen Town- San Mateo / The Sunshine-Pescadero / Also thru Good Eggs							GF sourdough					"continually disappointed by the gluten-free items. Every ingredient label listed gums, starches, and refined flours," Cofounder Geoff Kober spent "over a year experimenting and perfecting a delicious gluten-free sourdough bread."
Three Stone Hearth , A Community Supported Kitchen http://www.threestonehearth.com/ Berkeley	Online or 1581 University Avenue, Berkeley /// Real Food Bay Area	X	Kombucha, Kefir, & Kvass	X	Beef, Chicken, & Pork	X		X				Prepared foods & many staples	Delicious food prepared according to WAP principles // Prepared meals available only in the East Bay, San Francisco, and Marin. "Our emphasis is on nutrient-dense, traditional cooking...with mineral-rich bone broths, pastured meats, eggs, & dairy products; organic vegetables, whole grains, and legumes; natural sweeteners; traditional fats."
Trad Bone Broth https://www.tradbonebroth.com/	Only at San Francisco location at this time but worth an outing				Beef & Chicken								"We combine centuries-old traditions, thoughtful sourcing, and modern presentation to deliver nourishing, restorative bone broth drinks and soups to the community."
Victorian Farmstead http://vicfarmmeats.com/ Sebastopol	Portola Valley farmers mkt. 765 Portola Rd. Thurs 2-5 year round			Chicken	Beef Lamb Pork Chicken Turkey							Seasonal sausages, marinated meat, jerky	They sell pastured beef, lamb, pork, chicken, eggs and turkey....great selection of fresh cuts and discounted frozen; bacon and great sausages are available. Website also has recipes.
Willow Glen Honey (in progress)	Steve@willowglenhoney.com stevedemkowski@gmail.com (408) 640-3125 or Three Sisters, 1393 Lincoln Ave. San Jose Phone: (408) 287-3720 http://threesisterswillowglen.com/											Honey (seasonal)	It's best to buy locally harvested raw and unfiltered honey ...from the area in which you live as it contains the immune stimulating properties needed for your body to adapt to its environment.
Windy Hill Eggery Portola Valley	Portola Valley farmers mkt.			X									"Freshly laid free-range farm eggs raised on grassy pasture, organic feed and Portola Valley sunshine!" Feed is also corn and soy free, for those who need to avoid those grains and their residuals in other foods.
Wind Dancer Ranch Palo Alto http://www.wdr.farm/ lisa@winddancerranch.us	Palo Alto farmers mkt. Saturdays (May to December) 8 am to Noon					X							Heritage Breed livestock - unique breeds of sheep, hogs, turkeys, chickens and goats...raised with respect and care for their mental as well as physical health. We never use chemicals, herbicides or pesticides...
Wings of Nature Regenerative Apiculture / Aidan Wing https://www.wingsofnaturebees.com/ wingsofnaturebees@gmail.com Ph: 650 862 8322	Sold via the Markegard booth at participating farmers markets.											Honey (seasonal)	Aidan Wing is also an educator and gives classes / presentations to homeschoolers and community groups (like WAPF)

Vendor	Where / How to Buy	Dairy products (butter, ghee, cream, milk, yogurt, kefir, whey, cheeses)	Ferments	Eggs (pastured)	Bone & other Broths	Meat (beef, lamb, pork, poultry, goat)	Juices	Bread	Nuts & Seeds	Sustainable Seafood	Seasonal produce	Specialty Items	Comments
Wise Goat Organics http://wisegoatorganics.com/ info@wisegoatorganics.com	Th, Los Altos FM, May- Sept. Sat, CSM & Palo Alto FMs Sun, PA CA Ave. & MP FM Also online "Kraut Club"		Krauts & Kvass, salsas, relish									mustards, nut butters, elderberry tincture, & more	"...produced in small hand-crafted batches in glass vessels. ...We focus on sourcing ingredients from local, organic and sustainable farmers. Our selection varies with the seasons." 8 flavors and includes some seasonal items. (Lisa Herndon taught her to ferment.)

Key:

Combo (more than one way to obtain)
Direct Buy
Farmers Mkt
In store only
Many Items
Online

ed but hope they come back online

Rainge Spring Water https://raingespringwater.com/	Online w home/business delivery											water	Providing California residents with Adobe Springs drinking water - high magnesium, pollutant free. pristine, nutritious, and beneficial.
Desi Milk https://desimilk.com/	Selected stores in the South bay and San Francisco. Also through Real Food Bay Area. Use Store Finder	Raw cow, goat, & sheep milk											Desiree Lopez, founder, has been in the Ancestral Health movement for over a decade, educating about real food and ancestral diets. In fact, raw milk is what started her on this journey.